



# Prep School PE & Games Kit List

## Reception

	<b>Michaelmas Term</b> September - December	<b>Lent Term</b> January – April	<b>Trinity Term</b> April – July
<b>PE &amp; Games</b>	<ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black Sports shorts</li> <li>✓ Short white socks</li> <li>✓ School Tracksuit top</li> <li>✓ Any Plain Black Tracksuit Bottoms</li> <li>✓ Black backpack</li> <li>✓ Trainers</li> </ul>	<ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black Sports shorts</li> <li>✓ Short white socks</li> <li>✓ School Tracksuit top</li> <li>✓ Any Plain Black Tracksuit Bottoms</li> <li>✓ Black backpack</li> <li>✓ Trainers</li> </ul>	<ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black Sports shorts</li> <li>✓ Short white socks</li> <li>✓ School Tracksuit top</li> <li>✓ Any Plain Black Tracksuit Bottoms</li> <li>✓ Black backpack</li> <li>✓ Trainers</li> </ul>
<b>Swimming</b>	<ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>	<ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>	<ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>

# Prep One & Prep Two

	<b>Michaelmas Term</b> September - December	<b>Lent Term</b> January – April	<b>Trinity Term</b> April – July
<b>PE</b>	<u>Gymnastics &amp; Movement</u> <ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black sports shorts</li> <li>✓ Black sports skort**</li> <li>✓ Short white socks</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Black backpack</li> <li>✓ Trainers</li> </ul>	<u>Multi-Sports Skills</u> <ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black sports shorts</li> <li>✓ Black sports skort**</li> <li>✓ Short white socks</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Black backpack</li> <li>✓ Trainers</li> </ul>	<u>Athletic Activities</u> <ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black sports shorts</li> <li>✓ Black sports skort**</li> <li>✓ Short white socks</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Black backpack</li> <li>✓ Trainers</li> </ul>
<b>Games</b>	<u>Invasion Games</u> <ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black sports shorts</li> <li>✓ Black sports skort**</li> <li>✓ Short white socks</li> <li>✓ Reversible games top**</li> <li>✓ Games socks**</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Baselayer top (optional)</li> <li>✓ Black backpack or Red games kit bag</li> <li>✓ Astros / Trainers</li> <li>✓ Shin pads</li> </ul>	<u>Ball Skills</u> <ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black sports shorts</li> <li>✓ Black sports skort**</li> <li>✓ Short white socks</li> <li>✓ Reversible games top**</li> <li>✓ Games socks**</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Baselayer top (optional)</li> <li>✓ Black backpack or Red games kit bag</li> <li>✓ Astros / Trainers</li> </ul>	<u>Striking &amp; Fielding</u> <ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black sports shorts</li> <li>✓ Black sports skort**</li> <li>✓ Short white socks</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Black backpack or Red games kit bag</li> <li>✓ Astros / Trainers</li> </ul>
<b>Swimming</b>	<u>Swimming</u> <ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>	<u>Swimming</u> <ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>	<u>Swimming</u> <ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>

\*\* Prep Two only

# Prep Three, Four, Five & Six

	<b>Michaelmas Term</b> September - December	<b>Lent Term</b> January – April	<b>Trinity Term</b> April – July
PE	<ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black Sports shorts or skort</li> <li>✓ Trainers</li> <li>✓ Short white socks</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Black backpack or red games bag</li> </ul>	<ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black Sports shorts or skort</li> <li>✓ Trainers</li> <li>✓ Short white socks</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Black backpack or red games bag</li> </ul>	<ul style="list-style-type: none"> <li>✓ House PE shirt</li> <li>✓ Black Sports shorts or skort</li> <li>✓ Trainers</li> <li>✓ Short white socks</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Black backpack or red games bag</li> </ul>
Games	<u>Football &amp; Netball</u> <ul style="list-style-type: none"> <li>✓ Red Games kit bag</li> <li>✓ Reversible games top</li> <li>✓ Black games shorts</li> <li>✓ Football boots</li> <li>✓ Trainers / astros</li> <li>✓ Games socks</li> <li>✓ Baselayer top (optional)</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Towel</li> <li>✓ <b>Shin pads (compulsory)</b></li> <li>✓ Boot bag</li> </ul>	<u>Rugby, Netball &amp; Hockey</u> <ul style="list-style-type: none"> <li>✓ Red Games kit bag</li> <li>✓ Reversible games top</li> <li>✓ Black games shorts / skort</li> <li>✓ Short white socks</li> <li>✓ Football boots</li> <li>✓ Trainers / astros</li> <li>✓ Games socks</li> <li>✓ Baselayer top (optional)</li> <li>✓ Tracksuit top &amp; bottom</li> <li>✓ Towel</li> <li>✓ <b>Gumshield (compulsory for rugby &amp; hockey)</b></li> <li>✓ <b>Shin pads (compulsory hockey)</b></li> <li>✓ Boot bag</li> </ul>	<u>Cricket</u> <ul style="list-style-type: none"> <li>✓ Red Games kit bag</li> <li>✓ School white cricket top</li> <li>✓ School black games shorts / skort or cricket trousers (trousers needed for matches)</li> <li>✓ Trainers</li> <li>✓ White socks</li> <li>✓ Protective box (if playing hard ball)</li> <li>✓ School Cap (optional)</li> </ul>
Swimming	<u>Swimming</u> <ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>	<u>Swimming</u> <ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>	<u>Swimming</u> <ul style="list-style-type: none"> <li>✓ Towel</li> <li>✓ Swimming trunks / costume (Black)</li> <li>✓ Swimming hat</li> <li>✓ Goggles</li> <li>✓ Black backpack</li> </ul>

## Footwear & Studs

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Pupils in Lower Prep will only need trainers for all of their PE & Games lessons. In the Upper Prep pupils will require, football boots (for use on the 4G pitch & on grass pitches) and trainers or astros (for use in the sports hall & on the astro). Boots can have metal tipped or moulded rubber studs for football but due to the physical contact that takes place during all forms of rugby (tag & contact) studs must be moulded rubber or safety studs. The safety studs required are “kite mark” and can be found at most sports shops or online. These studs can be fitted to a pair of football boots. A pair of football boots fitted with kite mark studs are perfectly acceptable and can be used for football and rugby. If your child has a pair of boots which have the moulded rubber studs or blades they are fine for rugby and there is no need to change them. **If your child is unable to tie their laces then please buy boots with Velcro straps until they are able to tie their own laces.**



Football boots with football studs (black plastic tops and metal bottoms). These studs can not be used for rugby.

Football boots with blades studs which can be used for football and rugby but offer less grip when playing on muddy grass pitches.



Football boots with moulded rubber studs which can be used for football and rugby but offer less grip when playing on muddy grass pitches.



Football boots fitted with kite mark safety studs. These can be used for football and for rugby.



“Astros” or multistudded trainers.



Kite mark safety studs.

## Protective Clothing & Equipment

Protective clothing and equipment are an important part of the Games programme and the policy is clear, unified and therefore adhered to. Therefore, the following apply:

- Mouth guards for rugby & hockey – Mouth guards are compulsory for all (including ‘tag’ rugby) as they are proven to minimise the effects of a wide range of possible injuries. The school will provide an opportunity for pupils to be fitted for a mouth guard during the year. The use of a custom fitted mouth guard is not compulsory but is highly recommended.
- Head protection for rugby – The school allows the use of headgear but stresses that the protection must conform to IRB regulations. They act as a confidence boost for those new to contact rugby but parents should be aware that they do not prevent all types of head injury. Any new equipment must carry the IRB logo and parents should check with the supplier before making a purchase.
- Shoulder pads for rugby – Shoulder pads are allowed by the ESRFU, as long as they conform to IRB regulations and carry the logo. They should not be excessively large to impede movement.

- Shin pads for football & hockey – They are compulsory for all who take part in football & hockey activities. There are many different types and styles of shin pads but we recommend one of the two examples below. Yellow – inserts under the sock and has no ankle or calf strap. Blue – has an ankle guard and calf strap. Shin pads are a personal preference as they need to fit comfortably under the games sock meaning that for a lot of pupils the yellow ones are the better choice. We recommend that for Prep one to four, pupils use the yellow style as these are easier to put on. The blue style can be worn by any pupil as long as they are able to put it on without assistance, they are not restricted to just Prep five & six.



The yellow shin pads above have holes in them to allow the skin to breath but often ones without holes have a smoother finish and are easier to slide under a games sock.

- Helmets for cricket – Helmets are compulsory when batting against a hard ball or keeping wicket. The school recommends that if a pupil is regularly playing with a hard ball that they have their own helmet. We can supply helmets for those that are only playing occasionally.
- Cricket boxes – All pupils that play hard ball cricket need to have their own box.