

# Lunch Menu

## Week 22 beginning 17th March 2025



COLLEGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Sweet Potato, Coconut Soup v  Spaghetti Bolognaise, Garlic Bread	Russian Vegetable Soup v  Szechuan Chicken Noodles, Prawn Crackers	Soup au Pistou v  Roast Gammon or Beef, Yorkshire Pudding, Gravy	Roasted Cauliflower Cheese Soup v Beef Stroganoff	Jacket Potato, Garlic, Herbs Soup v  Breaded Fish, Fish Fingers, Calamari,
	Pork Chilli Verde, Nachos, Sour Cream, Salsa	Breaded Chicken Ciabatta, Nduja Ketchup, Rocket	Bifteki, Lemon Potato, Greek Salad	Dr. Pepper Chicken Wings	Tartar Sauce, Lemon  Thai Yellow Fish Curry
	Chana Masala, Poppadum, Raita <b>v</b>	Chicken Spiedini & Garlic Butter  Goats Cheese,  Butternut, Spinach Filo Pie v	Hoi Sin Duck, Polenta Fries  Breaded Brie, Ratatouille, Pesto v	Pork Gyro, Tatziki Bap  BBQ Vegetables, Cornbread v	Pea, Mint, Feta Burger, Wasabi Slaw <b>v</b>
	Pasta Bar <b>v</b>	Jacket Potato Bar v	Pasta Bar v	Pasta Bar v	Pasta Bar v
					Chips
	Rosemary, Balsamic Potatoes	Rosemary Roasted Potatoes	Home Roast Potatoes	Cajun Potato Wedges	Rice
SIDES	Steamed Rice	Rice	Rice	Steamed Rice	Mushy Peas
SIDES	Corn on the Cob	Mixed Greens	Beans, Carrots	Peas, Sweetcorn	Baked Beans
	Broccoli	Sweetcorn	Braised Red Cabbage	Carrots, Parsley	Peas, Carrots Curry Sauce
DESSERTS	Peach Cobbler, Custard	Maple Syrup Cake	Sticky Toffee Apple Pudding	Carrot Cake Sponge, Custard	Coconut Rice Pudding, Jam
	Trifle	Rice Crispy Cake	Millionaires Cheesecake	Flapjack Bites	Oreo, Raspberry Mousse
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#### DAILY OPTIONS

#### **DAILY SOUP**

Freshly made Soup, Home-baked Bread, Croutons & Seed toppings.

### **DAILY SALADS**

Selection of freshly made composite Salads including one vegan accompanied by a wide variety of fresh Salad favourites

#### PASTA or BAKE BAR

Pasta ve, Tomato Sauce ve, Cheese v, Garlic Bread v Jacket Potato ve, Sweet Potato ve, Butternut Squash ve, Beans ve, Cheese v

#### CHILLED DESSERTS

Dessert Pots, Jelly, Yoghurts, selection of whole & cut Fresh Fruits.