



Lunch Menu

Week 17 – 3rd February 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	<p>Sweet Potato Pepper Soup</p> <p><i>Sausage, Mash</i> Pork, Beef or Quorn Sausage, Caramelized Onion, Gravy</p> <p>Jerk BBQ Chicken, Rice, Peas, Lime and Coconut Sauce</p> <p>Aubergine Parmigiana v</p> <p>Jacket Potato Bar v</p>	<p>Miso Carrot Soup</p> <p>Gammon, Egg, Pineapple Salsa</p> <p>Chicken, Vegetable Noodles</p> <p>Italian Sausage Bap</p> <p>Goats Cheese Beignet, Bean Cassoulet</p> <p>Pasta Bar v</p>	<p>Tuscan Bean Soup</p> <p>Roast Pork Loin, Gravy, Apple Sauce, Yorkshire Pudding</p> <p><i>Beef Ramen Noodles</i></p> <p>Cajun Chicken, Salsa</p> <p>Vada Pav, <i>a fried potato dumpling in a bun</i> Chutneys, Roasted Chillies v</p> <p>Pasta Bar v</p>	<p>French Cabbage Soup</p> <p>Chicken Shawarma, Khobez Bread, Pickled Cabbage, Labneh</p> <p>Bifanas <i>Portuguese Pork Sandwich</i></p> <p>Vietnamese Chicken Wings</p> <p>Lentil, Sweet Potato Curry v</p> <p>Pasta Bar v</p>	<p>Mushroom Soup</p> <p>Breaded Fish, Fish Fingers, Calamari, Tartare Sauce, Lemon Wedge</p> <p>Jumbo Fish Finger Wrap, Pickled Cabbage, Curried Tartar Sauce</p> <p>Grilled Vegetable, Camembert Puff Pastry Tart v</p> <p>Pasta Bar v</p>
SIDES	<p>Mashed Potatoes</p> <p>Pilau Rice</p> <p>Peas, Carrots</p> <p>Roasted Peppers, Courgettes</p>	<p>Sauteed Potatoes</p> <p>Rice</p> <p>Corn on the Cob</p> <p>Broccoli</p>	<p>Home Roast Potatoes</p> <p>Steamed Rice</p> <p>Swede, Carrot Hash</p> <p>Green Beans</p>	<p>Lemon, Oregano Rice</p> <p>Potato Wedges</p> <p>Carrots</p> <p>Sweetcorn</p>	<p>Chips, New Potatoes</p> <p>Mushy Peas</p> <p>Peas, Carrots</p> <p>Baked Beans</p> <p>Curry Sauce</p>
DESSERTS	<p>Peach Cobbler, Custard</p> <p>Chocolate Mousse</p>	<p>Orange Polenta Cake</p> <p>Chocolate Popcorn Cake</p>	<p>Jam, Coconut Sponge</p> <p>Jaffa Cake Trifle</p>	<p>Chocolate Chips Cookies</p> <p>Profiteroles</p>	<p>Chocolate, Orange Rice Pudding</p> <p>Strawberry Mousse</p>

DAILY OPTIONS

DAILY SOUP

Freshly made Soup, Home-baked Bread, Croutons & Seed toppings.

DAILY SALADS

Selection of freshly made composite Salads including one vegan accompanied by a wide variety of fresh Salad favourites

PASTA or BAKE BAR

Pasta **VE**, Tomato Sauce **VE**, Cheese **v**, Garlic Bread **v**
Jacket Potato **VE**, Sweet Potato **VE**, Butternut Squash **VE**, Beans **VE**, Cheese **v**

CHILLED DESSERTS

Dessert Pots, Jelly, Yoghurts, selection of whole & cut Fresh Fruits.

VE – vegan **V** – vegetarian