



Lunch Menu

Week 16 – 27th January 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	<p>Sweet Potato, Curry, Coconut Soup v</p> <p>Chicken Cacciatore</p> <p>Lamb, Beef Tagine, Couscous, Preserved Lemon Yoghurt</p> <p>Chana Masala, Poppadum, Raita v</p> <p>Jacket Potato Bar v</p>	<p>Russian Vegetable Soup v</p> <p>Lasagne, Garlic Bread</p> <p>African Chicken Jollof Rice</p> <p>Pesto Chicken Ciabatta</p> <p>Spinach, Feta Borek, Piyaz Salad v</p> <p>Pasta Bar v</p>	<p>Minestrone Soup v</p> <p>Roast Gammon, Beef, Yorkshire Pudding, Gravy</p> <p>Jamaican Brown Chicken Stew</p> <p>Crispy Duck Gnocchi</p> <p>Breaded Brie, Vegetable Caponata, Pesto v</p> <p>Pasta Bar v</p>	<p>Tomato, Smoked Parika, Orzo Soup v</p> <p>Burger Grilled Beef, Chicken Burger Sauce, Salad</p> <p>Chicken Shashlik, Gunpowder Potatoes, Tamarind Chutney</p> <p>Ho Sin Chicken Wings</p> <p>BBO Jackfruit Nachos, Picco de Gallo, Guacamole v</p> <p>Pasta Bar v</p>	<p>Jacket Potato, Garlic, Herbs Soup v</p> <p>Breaded Fish, Fish Fingers, Calamari, Tartare Sauce, Lemon Wedge</p> <p>Tuna, Sweetcorn Fritter Sub Roll</p> <p>Cauliflower Falafel, Sunflower Humus, Pitta Bread v</p> <p>Pasta Bar v</p>
SIDES	<p>Rosemary, Balsamic Potatoes</p> <p>Steamed Rice</p> <p>Corn on the Cob</p> <p>Broccoli</p>	<p>New Potatoes</p> <p>Rice</p> <p>Mixed Greens</p> <p>Sweetcorn</p>	<p>Home Roast Potatoes</p> <p>Rice</p> <p>Beans, Carrots</p> <p>Braised Red Cabbage</p>	<p>Cajun Potato Wedges</p> <p>Steamed Rice</p> <p>Peas, Sweetcorn</p> <p>Carrots, Parsley</p>	<p>Chips</p> <p>New Potatoes</p> <p>Mushy Peas</p> <p>Baked Beans</p> <p>Peas, Carrots</p> <p>Curry Sauce</p>
DESSERTS	<p>Iced chocolate cake</p> <p>Eton Mess</p>	<p>Maple Syrup Cake</p> <p>Cookie Dough Whip</p>	<p>Sticky Toffee Apple Pudding</p> <p>Millionaires Cheesecake</p>	<p>Carrot Cake Sponge, Custard</p> <p>Flapjack Bites</p>	<p>Coconut Rice Pudding, Jam</p> <p>Oreo, Raspberry Mousse</p>

DAILY OPTIONS

DAILY SOUP

Freshly made Soup, Home-baked Bread, Croutons & Seed toppings.

DAILY SALADS

Selection of freshly made composite Salads including one vegan accompanied by a wide variety of fresh Salad favourites

PASTA or BAKE BAR

Pasta **ve**, Tomato Sauce **ve**, Cheese **v**, Garlic Bread **v**
 Jacket Potato **ve**, Sweet Potato **ve**, Butternut Squash **ve**, Beans **ve**, Cheese **v**

CHILLED DESSERTS

Dessert Pots, Jelly, Yoghurts, selection of whole & cut Fresh Fruits.

VE – vegan **V** – vegetarian