

# Trinity Menu

## Monday

Tomato, Chilli & Rice

Chicken Chow Mein served with Fortune Cookie

Pork Stroganoff

Ham Bubble & Squeak, Fried Egg and Piccalilli

Jackfruit Tacos, Guacamole & Salsa V

Potatoes  
Steamed Rice

Peas & Carrots  
Roasted Peppers & Courgettes

Pasta Bar  
Tomato & Basil Sauce  
Rocket Pesto  
Garlic Bread

Banana Cake & Toffee Sauce  
Rice Crispy Cake  
Chocolate Mousse

Selection of Fresh Fruit & Yoghurts

## Tuesday

Broccoli & Stilton

Chicken, Ham & Pea Risotto

Italian Sausage & Vegetable Bake

Sweet Chilli Chicken Thighs

Paneer Biryani, Poppadum & Raita V

Potato Wedges  
Mexican Rice

Corn on the Cob  
Broccoli

Pasta Bar  
Tomato & Basil Sauce  
Rocket Pesto  
Garlic Bread

Chocolate Chip Sponge & Custard  
Cream Slice  
Flake Whip

Selection of Fresh Fruit & Yoghurts

## Wednesday

Curried Kidney Bean Soup

Roast Pork Loin, Gravy, Apple Sauce & Yorkshire Pudding

Buffalo Chicken Wings

Shredded Duck  
Scotch Egg & Hoi Sin Ketchup

Falafel Wrap, Humus & Feta V

Roast Potatoes  
Steamed Rice

Swede & Carrot Hash  
Braised Savoy Cabbage

Pasta Bar  
Tomato & Basil Sauce  
Rocket Pesto

Apple and Cherry Pie & Custard  
Rocky Road  
Banana Mousse

Selection of Fresh Fruit & Yoghurts

## Thursday

Hungarian Mushroom Soup

Special Fried Rice

“Soutzoukakia”  
Greek Meatballs in a Spiced Tomato Sauce

Herb Pancakes, Ricotta & Spinach V

Oregano New Potatoes  
Lemon Rice

Carrots  
Sweetcorn

Pasta Bar  
Tomato & Basil Sauce  
Rocket Pesto

Chocolate Chip Cookies  
Carrot Cake Bite  
Malteser Cheesecake

Selection of Fresh Fruit & Yoghurts

## Friday

Carrot, Ginger & Coconut

Breaded Fish, Fish Fingers, Tartare Sauce & Lemon

Fish Finger Wrap, Pea Humus & Pickled Cabbage

Calamari & Garlic Mayo

Courgette, Feta & Mint Tart V

Chips/ New Potatoes  
Mushy Peas  
Curry Sauce  
Peas & Carrots

Pasta Bar  
Tomato & Basil Sauce  
Garlic Bread

Biscoff Rice Pudding  
Marble Cake  
Apple Crumble Layer Pot

Selection of Fresh Fruit & Yoghurts

*All our meals are freshly made*