



St. Columba's College Prep School Extended Day Activities Information

Upper Prep

Michaelmas Term 2023

Monday 11th September to Thursday 14th December 2023

- All signing up for clubs is done through the Gateway app.
- Clubs run by St. Columba's staff are free and you just need to book a place.
- Clubs run by external companies will have a charge and you must make sure you have booked a place and completed payment. These are two separate actions and one without the other will not secure a place.
- If you book a place but do not pay for it then you have not secured a place.
- If you pay for a club but haven't booked a place, you will not be given a place on the club.
- If you miss out on a place for a club you may email Mr Turpin, who will add your name to a waiting list. If places become available, parents will be contacted by the office to offer your child a place.
- There is an expectation that all clubs should be committed to for a full term (or half term where specifically mentioned). This is because of the costing of outside tutors/coaches and the viability of clubs in some cases. Pupils leaving clubs mid-term may be liable to the full or partial cost of the term.
- If you are paying for a club using childcare vouchers, you will need to request these from your childcare provider as soon as possible so they are available for the sign-up period. You must email Mrs Newland accountspayable@stcolumbascollege.org informing her of how much is being transferred and to which clubs you would like the money allocated to. Once she has allocated the money you will then need to make the bookings yourself.
- A pupils' place in a club is dependent on appropriate behaviour during all aspects of school life. Any pupil who is removed because of behaviour from a club may be liable for the cost of the full term.
- If a session is missed, including absence / covid isolation, then parents will only receive a refund if the external organiser agrees. The school is not responsible for refunds for sessions that have been missed.
- Basketball on a Tuesday and Wednesday morning is open to all pupils in the Upper Prep and is just a free session to play with friends. Pupils need trainers and can come into the hall when the door to the playground is opened.
- All music clubs are run by Mr Bailey and you need to contact him directly bailey.b@stcolumbascollege.org if you have any questions about respective clubs.

Schedule of Activities					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		Basketball	Basketball		
Lunchtime 12.30- 1.00pm	Prep Choir	Prep Strings	Prep Band	Prep Bells & Samba	Beginners Ukulele
	Maths	Tennis	Netball	Fencing Club Prep 3 & 4	Ukulele Group
	Uncommon Knowledge (Invitation only)				
After School 3.30-4.30pm	Chess Club	Golf Club Prep 3-6	Golf Club Prep 3 & 4	Golf Club Prep 5 & 6	Street Dance
	LAMDA	Rugby Prep 5 & 6	Music Tech	Fencing Club P5 & 6	Colts Squad (Invitation only)
	Music Tech	Mindfulness	Science Quiz	Football Future	Football
	Taekwon-Do	Mandarin	Art Club	LAMDA	Table Tennis Prep 5 & 6
	Junior Orchestra	Warhammer	Book Club	Table Tennis Prep 5 & 6	
	U9 Squad (Invitation only)	Cooking		Fitness Training	
		Chamber Choir (Invitation only)		Young Enterprise Prep 5 & 6	
				Construction Club	
			Animation		

A - Chess Club

Day:	Monday	Year Groups:	3 - 6
No. of Places:	20	Cost:	£95.00
First Session:	11 th September	Last Session:	11 th December

Introducing Chess Club for children in Prep 3-6. Not only is chess a very enjoyable game, but it is becoming well known how the game develops many useful skills that can also be used away from the game and academically. An increase in concentration, self-discipline and the ability to think ahead and calculate, being amongst just a few of the skills.

If your child is new to chess, they will be introducing them to how all the pieces move, basic themes and how to checkmate (win the game). Experienced children will be taught sharp tactics and strategical thinking. Everyone in Chess Club will be introduced to competitive play and eventually participate in tournaments with prestigious trophies to be awarded!

B - LAMDA

Day:	Monday	Year Groups:	3 - 6
No. of Places:	8	Cost:	£145.00
First Session:	18 th September	Last Session:	11 th December
Day:	Thursday	Year Groups:	3 - 6
No. of Places:	8	Cost:	£145.00
First Session:	21 st September	Last Session:	14 th December

LAMDA is the oldest drama school in the UK. Founded in 1861 as the London Academy of Music, we were the first such institution to offer acting tuition - defining LAMDA's ongoing role as a pioneer in its field. Pupils will be focusing on their communication skills (speaking in verse and pros, reading for performance & public speaking) and building towards taking a LAMDA exam. For further information, please go to the LAMDA website.

C - Music Tech (no sessions week beginning 6th Nov)

Day:	Monday	Year Groups:	5 & 6
No. of Places:	15	Cost:	£205.00
First Session:	11 th September	Last Session:	11 th December
Day:	Wednesday	Year Groups:	3 & 4
No. of Places:	15	Cost:	£205.00
First Session:	13 th September	Last Session:	13 th December

M:Tech use specialist music software to teach children to compose music for a variety of media-based projects, including producing music for TV adverts, movie trailers and cartoons. At the end of each term, you receive a digital download so you can hear your child's music along with a report certificate.

This term pupils will be working on **Project Virtual Reality!**

A digital download is emailed directly to parents and a Certificate will be given out to pupils.

D - Taekwon-Do

Day:	Monday	Year Groups:	5 & 6
No. of Places:	20	Cost:	£88.00
First Session:	11 th September	Last Session:	11 th December

This is a new club this year and one we believe pupils will enjoy. This club will not only present a physical challenge but also a mental one, as having discipline is of great importance.

E - U9 & U10 Football

Day:	Monday	Year Groups:	5 & 6
No. of Places:	18	Cost:	N/A
First Session:	11 th September	Last Session:	9 th October

This club is by invitation only and is for pupil who play primarily play in the U9 & U10 A teams. Parents will be contacted if their son is involved and there is no need to sign up. Sessions will finish at 5:15pm

F - Maths Club			
Day:	Monday lunchtime	Year Groups:	4 - 6
No. of Places:	16	Cost:	N/A
First Session:	11 th September	Last Session:	11 th December
Mr Warnes is starting a Maths Club at lunchtime to help keep pupils minds sharp even during lunch.			

G - Uncommon Knowledge			
Day:	Monday lunchtime	Year Groups:	4 - 6
No. of Places:	10	Cost:	N/A
First Session:	11 th September	Last Session:	11 th December
Mrs Maton will be inviting a variety of pupils to take part in this club to test their minds with some out of the box knowledge.			

H - Golf			
Day:	Tuesday	Year Groups:	3 - 6
No. of Places:	8	Cost:	£85.00
First Session:	12 th September	Last Session:	12 th December
Day:	Wednesday	Year Groups:	3 & 4
No. of Places:	8	Cost:	£85.00
First Session:	13 th September	Last Session:	13 th December
Day:	Thursday	Year Groups:	5 & 6
No. of Places:	8	Cost:	£85.00
First Session:	14 th September	Last Session:	14 th December
Open to all standards of playing experience. Pupils are welcome to bring their own clubs, or the centre will supply them if needed. Pupils should wear coats & hats during cold weather. Sessions will be similar to being at a driving range, using our school nets. This is open for all abilities but please understand we are not able to use the course next to school. If you choose a day that clashes with your son or daughter's year groups fixtures, please be aware that they may miss sessions and that no refund will be given.			

I - Rugby Practice

Day:	Tuesday	Year Groups:	5 & 6
No. of Places:	16 per year	Cost:	N/A
First Session:	12 th September	Last Session:	12 th December

This is open to pupils of all abilities, who want to improve their rugby skills. Sessions will be a mixture of practices and match play. This will primarily be non-contact until we have gumshields fitted.

J - Mindfulness

Day:	Tuesday	Year Groups:	3 - 6
No. of Places:	20	Cost:	N/A
First Session:	12 th September	Last Session:	12 th December

This club will continue to provide pupils with a session which incorporates a variety of techniques to allow pupils to unwind at the end of the school day.

K - Mandarin

Day:	Tuesday	Year Groups:	3 - 6
No. of Places:	20	Cost:	N/A
First Session:	12 th September	Last Session:	12 th December

Mr Noone will be offering up the opportunity to learn another language, this session will be ideal for beginners.

L - Warhammer

Day:	Tuesday	Year Groups:	3 - 6
No. of Places:	20	Cost:	N/A
First Session:	12 th September	Last Session:	12 th December

Activities will involve war gaming and making figures and scenery. Pupils are encouraged to bring in their own kits / figures and spend time painting figures and organising scenery. Can you please note that plastic figures only (not metal) will be used, so that super glue does not have to be used.

M - Cooking

Day:	Tuesday	Year Groups:	5 & 6
No. of Places:	10	Cost:	£60.00
First Session:	12 th September	Last Session:	12 th December

Our school catering company are going to offer an opportunity to learn some basic cooking skills.

N - Tennis

Day:	Tuesday lunchtime	Year Groups:	3 - 6
No. of Places:	20	Cost:	£77.00
First Session:	12 th September	Last Session:	12 th December

All our coaches are LTA qualified, dedicated and specifically trained to deliver courses in an environment which is educational, healthy and FUN!

The programme content includes:

- Technical development (fundamental shot technique)
- Ball sense development (reading of ball and reacting in the right way)
- Physical development (agility, balance, co-ordination, speed)

Games based teaching to develop key skills as appropriate to the players stage of development.

O - Science Quiz

Day:	Wednesday	Year Groups:	3 - 6
No. of Places:	20	Cost:	N/A
First Session:	13 th September	Last Session:	13 th September

Here is your opportunity to really push your thinking skills to the test and ask those questions you've always had.

P - Art

Day:	Wednesday	Year Groups:	3 - 6
No. of Places:	20	Cost:	N/A
First Session:	13 th September	Last Session:	13 th September

This club will continue to be run by Mrs McLeod, who will look to bring various individual pieces of artwork together.

Q - Book Club

Day:	Wednesday	Year Groups:	3 - 6
No. of Places:	20	Cost:	N/A
First Session:	13 th September	Last Session:	13 th September

Reading helps children acquire a valuable set of skills, such as listening, being creative, extending their vocabulary and learning about the history and cultural heritage of their own and other countries helping them to access the whole curriculum. In the book club, the children will read for pleasure and will enjoy reading that is not directly connected to the curriculum. They will be exposed to a wider range of authors and genres than they might otherwise come across. The pupils will also learn about developing and expressing their preferences, enabling them to make informed choices about what they read.

R & Y - Fencing

Day:	Thursday lunchtime	Year Groups:	3 & 4
No. of Places:	20	Cost:	£120.00
First Session:	14 th September	Last Session:	14 th December
Day:	Thursday	Year Groups:	5 & 6
No. of Places:	15	Cost:	£145.00
First Session:	14 th September	Last Session:	14 th December

This club is being run by Paul Davis, a Grade 3 British Academy of Fencing Coach and a member of the British Fencing Association.

S - Football Future Training

Day:	Thursday	Year Groups:	3, 4, 5 & 6
No. of Places:	25	Cost:	£87.50
First Session:	14 th September	Last Session:	7 th December

Pupils will have another chance to improve their footballing skills under the guidance of one of the fully qualified Football Futures coaches. If you book this for Prep 3 & 4, please be aware it clashes with their fixture day so sessions will be missed, and no refunds given.

T - Table Tennis

Day:	Thursday	Year Groups:	5 & 6
No. of Places:	12	Cost:	£80.00
First Session:	14 th September	Last Session:	7 th December
Day:	Friday	Year Groups:	5 & 6
No. of Places:	12	Cost:	£80.00
First Session:	15 th September	Last Session:	8 th December

This is a new club this term and I hope it will grow throughout the year. We have an external coach coming in following a successful trial at the end of last term. Please only book one of the two available days so that we can maximise the number of places available.

U - Fitness Training

Day:	Thursday	Year Groups:	3 - 6
No. of Places:	25	Cost:	N/A
First Session:	14 th September	Last Session:	14 th December

Pupils will participate in a range of training sessions as they look to build up their fitness. Please bring trainers and boots so that we have the option of being inside or on one of the outdoor venues.

V - Young Enterprise

Day:	Thursday	Year Groups:	5 & 6
No. of Places:	12	Cost:	N/A
First Session:	14 th September	Last Session:	14 th December

Could you be the next candidate on Dragon's Den? Get hands on experience and learn the basics of how to start your own business including marketing, advertising, accounts, sales and production of a product or service. Work as a team to come up with a business plan for a fun product or service and put it into practice in school. How much money will you raise? Will Alan Sugar be scouting you for the next Apprentice? Join the Mini Enterprise club and see.

W - Construction

Day:	Thursday	Year Groups:	3 - 6
No. of Places:	20	Cost:	N/A
First Session:	14 th September	Last Session:	14 th December

This club will be run by Mrs Burgon, offering pupils the opportunity to use different construction kits including; Brio, Meccano, Lego and Knex. You will be encouraged to also bring in your own kits from home. Different challenges will be posed to give you the opportunity to work collaboratively to solve them, or maybe you just like building things; come and join the Construction Kit Kings!

X - Animation

Day:	Thursday	Year Groups:	3, 4, 5 & 6
No. of Places:	20	Cost:	N/A
First Session:	14 th September	Last Session:	14 th December

Introducing the captivating world of animation, this new club offers an exciting journey through the rich history of this dynamic art form. Students will delve into the evolution of animation, exploring both traditional and innovative techniques. From familiar apps to the magical realm of motion, the club provides a creative space for aspiring animators to bring their imaginations to life. Children will harness the power of AI alongside the timeless charm of paper and pencil. Join us as we embark on a remarkable adventure, discovering the endless possibilities of animation and nurturing a new generation of storytellers.

Z - Street Dance

Day:	Friday	Year Groups:	3, 4, 5 & 6
No. of Places:	24	Cost:	£65.00
First Session:	15 th September	Last Session:	8 th December

KT's Academy's Street Dance club will be starting in the Upper Prep this term! Pupils will be taught technique work, rhythmic learning and performance prep. Routine work to the latest hits and show work to perform in productions.

AA - Colts Football

Day:	Friday	Year Groups:	5 & 6
No. of Places:	24	Cost:	N/A
First Session:	15 th September	Last Session:	24 th November

This club is by invitation only and is for pupil who play primarily play in the Colts A & B teams. Parents will be contacted if their son is involved and there is no need to sign up. Sessions will finish at 5:15pm. There may be some weeks when there is no session, but these will be communicated.

AB - Football Practice

Day:	Friday	Year Groups:	3, 4, 5 & 6
No. of Places:	24	Cost:	N/A
First Session:	15 th September	Last Session:	8 th December

Mr McCann will be running a session on a Friday evening, open to all abilities in the Upper Prep.