Week beginning: 25th September 2023

Michaelmas Menu 3

**St Columbas College**

Tomato & Pesto

Chilli con Carne,

Nachos, Sour Cream & Salsa

Jerk Chicken, Rice n Peas, Pineapple, Chilli & Lime

Spinach, Feta & Pepper Filo Pie V

Herb Potatoes

Cajun Rice

Sweetcorn

Broccoli

Pasta Bar

Tomato & Basil Sauce

Rocket Pesto

Jam Roly Poly & Custard

Oreo & Chocolate Mousse

Selection of Fresh

Fruit & Yoghurts

Mexican Bean Soup

Chicken & Chorizo Hash, Fried Egg and Salsa Verde

Beef & Tomato

Pasta Bake with Garlic Bread

Roasted Vegetable

Lasagne & Garlic Bread V

Balsamic New Potatoes

Rice

Mixed Greens

Honey Roasted Carrots

Jacket Potato, Beans & Cheese

Marble Sponge & Custard

Biscoff Cheesecake

Selection of Fresh

Fruit & Yoghurts

Red Pepper & Sweet Potato Soup

Breaded Fish, Fish Fingers

Tartare Sauce & Lemon

Fisherman’s Pie

Salmon Fish Finger Sandwich,

Coleslaw & Marie Rose

Arancini Arrabiata V

Chips/ New Potatoes

Mushy Peas

Curry Sauce

Peas & Carrots

Pasta Bar

Tomato & Basil Sauce

Garlic Bread

Marshmallow Crispy Cake

Eton Mess

Selection of Fresh

Fruit & Yoghurts

Sweetcorn Chowder

*Burger Bar*

Grilled Beef, Chicken or Vegetable Quarter Pounder

Beef Bourguignon, Mushrooms, Lardons and Onion

Firecracker Cauliflower

with Chilli & Lime Mayonnaise V

Baked Potato Wedges

Steamed Rice

Corn on the Cob

BBQ Beans

Pasta Bar

Tomato & Basil Sauce

Rocket Pesto

Sticky Toffee Pudding

Toffee & Lime Mousse

Selection of Fresh

Fruit & Yoghurts

Carrot & Lemongrass

Roast Chicken, Stuffing, Yorkshire Pudding & Gravy

BBQ Pork Belly, Rice Vermicelli and Oriental Slaw

Potato Gnocchi, Courgettes, Tomato & Mascarpone V

Roast Potatoes

Rice

Savoy Cabbage

Beans & Carrots

Pasta Bar

Tomato & Basil Sauce

Rocket Pesto

Apple & Blackberry Pie

Apple Crumble Layer Pot

Selection of Fresh

Fruit & Yoghurts