Week beginning: 18th September 2023

Michaelmas Menu 2

**St Columbas College**

Carrot & Ginger

Peri-Peri Chicken, Crushed Sweet Potato, Peas, Mint & Chilli

*Sausage & Mash*

Pork & Beef or Quorn Sausage served with Caramelized Onion and Gravy

Cheese Bean Enchiladas & Salsa V

Mashed Potatoes

Red Rice

Peas & Carrots

Roasted Peppers & Courgettes

Jacket Potato, Beans & Cheese

Carrot Cake

Chocolate Mousse

Selection of Fresh

Fruit & Yoghurts

Thai Sweet Potato

Beef Lasagne & Garlic Bread

Pulled Bacon Burritos & Charred Sweetcorn Salsa

Mushroom Stew & Soda Bread V

Crispy New Potatoes

Mexican Rice

Corn on the Cob

Broccoli

Pasta Bar

Tomato & Basil Sauce

Rocket Pesto

Chocolate & Cherry Sponge

Tiramisu

Selection of Fresh

Fruit & Yoghurts

Hungarian Mushroom Soup

Breaded Fish, Fish Fingers,

Tartare Sauce & Lemon

Thai Salmon & Prawn Curry

Curry Battered Quorn

Sausage & Banana Ketchup V

Chips/ New Potatoes

Mushy Peas

Curry Sauce

Peas & Carrots

Pasta Bar

Tomato & Basil Sauce

Garlic Bread

Raspberry & Lemon

Crumble Cake

Strawberry Mousse

Selection of Fresh

Fruit & Yoghurts

Jacket Potato,

Confit Garlic & Chives

Crispy Chicken Katsu Curry

Chicken & Mushroom Risotto, Rocket Salad and Pesto Trapanese

Feta & Rice Stuffed

Beef Tomatoes V

Herb Tabouleh

Vegetable Fried Rice

Carrots

Sweetcorn

Pasta Bar

Tomato & Basil Sauce

Rocket Pesto

Monkey Bread & Custard

Coconut & Blueberry Panna Cotta

Selection of Fresh

Fruit & Yoghurts

Roasted Butternut & Thyme

Roast Pork, Gravy,

Apple Sauce & Yorkshire Pudding

Lebanese Meatballs, Tomato Couscous & Pomegranate Yoghurt

Szechuan Aubergine, Rice Noodles & Crispy Shallots V

Roast Potatoes

Steamed Rice

Swede & Carrot Hash

Braised Hispi Cabbage

Pasta Bar

Tomato & Basil Sauce

Rocket Pesto

Jam & Coconut Sponge

Jaffa Cake Trifle

Selection of Fresh

Fruit & Yoghurts