



# St. Columba's College Prep School Extended Day Activities Information

## Michaelmas Term 2023

### Lower Prep

#### Monday 11<sup>th</sup> September to Thursday 14<sup>th</sup> December 2023

- All signing up for clubs is done through the Gateway app, if you have not downloaded and registered an account on the app already please do so.
- Clubs run by St. Columba's staff are free and you just need to book a place.
- Clubs run by external companies will have a charge and you must make sure you have **booked a place and completed payment**. These are two separate actions and one without the other will not secure a place.
- If you book a place but do not pay for it then you have not secured a place.
- If you pay for a club but haven't booked a place, you will not be given a place on the club.
- If you miss out on a place for a club you may email Mr Turpin, who will add your name to a waiting list. If places become available, parents will be contacted by the office to offer your child a place.
- Pupils in Reception may sign up for all internally and externally run clubs (except LAMDA), however due to the new demands of a full school day teachers may suggest that attendance is delayed for between 1-4 weeks, until we are confident that they are ready to participate, based on the individual needs of the pupil. If this applies to a club where a fee has been paid, then any missed sessions will be refunded in this instance.
- Pupils in Reception will be able to attend after school care each evening until 5:30pm.
- There is an expectation that **all clubs should be committed to for a full term (or half term where specifically mentioned)**. This is because of the costing of outside tutors/coaches and the viability of clubs in some cases. Pupils leaving clubs mid-term may be liable to the full or partial cost of the term.
- If you are paying for a club using childcare vouchers, you will need to request these from your childcare provider as soon as possible so they are ready for the sign-up period. You must email Mrs Newland [accountspayable@stcolumbascollege.org](mailto:accountspayable@stcolumbascollege.org) informing her of how much is being transferred and to which clubs you would like the money allocated to. Once she has allocated the money you will then need to make the bookings yourself.
- A pupils' place in a club is dependent on appropriate behaviour during all aspects of school life. Any pupil who is removed because of behaviour from a club may be liable for the cost of the full term.
- If a session is missed, including absence / covid isolation, then parents will only receive a refund if the external organiser agrees. The school is not responsible for refunds for sessions that have been missed.

Lower Prep Schedule of Activities					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime 1.00-1.30pm	Chess	Tennis	Play Doh	Fencing	
After School 3.30-4.30pm	Football Club	Funky Fingers	Story	Board Games	Football Future
	LAMDA (P1 & P2)	Brainiac	Choice	Story Yoga	Modern Foreign Languages
	Street Dance	Taekwan-Do	Rugby	French Sing Along	
				LAMDA (P1 & P2)	
3.30-5.30pm	After School care	After School care	After School care	After School care	After School care

## A & R - Football

Day:	Monday	Year Groups:	Rec, 1 & 2
No. of Places:	25	Cost:	£87.50
First Session:	11 <sup>th</sup> September	Last Session:	4 <sup>th</sup> December
Day:	Friday	Year Groups:	Rec, 1 & 2
No. of Places:	25	Cost:	£87.50
First Session:	15 <sup>th</sup> September	Last Session:	8 <sup>th</sup> December

Football Future coaches are qualified and will run the sessions with an aim to develop the pupils' skills, teaching them the fundamentals of the game, with a particular focus on enjoyment. These sessions will be on the astro, so pupils will need trainers and should be in school games kit and not club kits.

## B & P - LAMDA

Day:	Monday	Year Groups:	1 & 2
No. of Places:	8	Cost:	£98.00
First Session:	18 <sup>th</sup> September	Last Session:	11 <sup>th</sup> December
Day:	Thursday	Year Groups:	1 & 2
No. of Places:	8	Cost:	£110.00
First Session:	21 <sup>st</sup> September	Last Session:	14 <sup>th</sup> December

LAMDA is the oldest drama school in the UK. Founded in 1861 as the London Academy of Music, we were the first such institution to offer acting tuition - defining LAMDA's ongoing role as a pioneer in its field. Pupils will be focusing on their communication skills (speaking in verse and pros, reading for performance & public speaking) building towards taking a LAMDA exam. For further information please go to the LAMDA website. Pupils can only be booked on one session and not both.

## C - Street Dance

Day:	Monday	Year Groups:	Rec, 1 & 2
No. of Places:	20	Cost:	£65.00
First Session:	11 <sup>th</sup> September	Last Session:	11 <sup>th</sup> December

KT's Academy's Street Dance club will be starting in the Prep school! Pupils will be taught technique work, rhythmic learning and performance prep. Routine work to the latest hits and show work to perform in productions.

## D - Chess

<b>Day:</b>	Monday lunchtime	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	£60.00
<b>First Session:</b>	11 <sup>th</sup> September	<b>Last Session:</b>	11 <sup>th</sup> December
<p>Introducing chess club for pupils in the Lower Prep. An increase in concentration, self-discipline and the ability to think ahead and calculate, being amongst just a few of the skills. This will be a great way to sharpen bright minds!</p>			

## E - Funky Fingers

<b>Day:</b>	Tuesday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	12 <sup>th</sup> September	<b>Last Session:</b>	12 <sup>th</sup> December
<p>In this club, Mrs Muncer will be exploring the use of many different activities to improve dexterity and improve fine motor skills. Some of the activities may include needle craft, knitting and origami.</p>			

## F - Brainiac

<b>Day:</b>	Tuesday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	12 <sup>th</sup> September	<b>Last Session:</b>	12 <sup>th</sup> December
<p>This club is designed to challenge your mind in all kinds of ways. The club will involve solving riddles and will test your thinking skills to the max as you compete against each other around the clock.</p>			

## G - Taekwon-Do

<b>Day:</b>	Tuesday	<b>Year Groups:</b>	1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	£95.00
<b>First Session:</b>	12 <sup>th</sup> September	<b>Last Session:</b>	12 <sup>th</sup> December
<p>This is a new club this year and one we believe pupils will enjoy. This club will not only present a physical challenge but also a mental one, as having discipline is of great importance.</p>			

## H - Tennis

<b>Day:</b>	Tuesday lunchtime	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	£77.00
<b>First Session:</b>	12 <sup>th</sup> September	<b>Last Session:</b>	12 <sup>th</sup> December

Coaches are LTA qualified, dedicated and specifically trained to deliver courses in an environment which is educational, healthy and FUN! The programme content includes:

- Technical development (fundamental shot technique)
- Ball sense development (reading of ball and reacting in the right way)
- Physical development (agility, balance, co-ordination, speed)

Games based teaching to develop key skills as appropriate to the players stage of development.

## I - Story

<b>Day:</b>	Wednesday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	13 <sup>th</sup> September	<b>Last Session:</b>	13 <sup>th</sup> December

Mrs Keating will read some of the pupils' favourite stories to them allowing them to relax at the end of the day.

## J - Choice

<b>Day:</b>	Wednesday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	13 <sup>th</sup> September	<b>Last Session:</b>	13 <sup>th</sup> December

Pupils will be given a choice each week of what activity they would like to do within a selection of activities, this club offers slightly more variety for those who like to change their minds.

## K - Rugby

<b>Day:</b>	Wednesday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	£95.00
<b>First Session:</b>	13 <sup>th</sup> September	<b>Last Session:</b>	13 <sup>th</sup> December

These sessions will be run by an external company called Finishing Touch Sports, we are delighted to welcome them into St. Columba's and I am confident that our pupils will enjoy these non-contact, skills-based sessions. Sessions will be on the 4G pitch so pupils will need astro shoes and school games kit. Gumshields are not compulsory.

## L - Play Doh

<b>Day:</b>	Wednesday Lunch	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	13 <sup>th</sup> September	<b>Last Session:</b>	13 <sup>th</sup> December

Mrs Papesh is offering a creative option instead of playing on the playground. Pupils can work together or explore on their own.

## M - Board Games

<b>Day:</b>	Thursday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	14 <sup>th</sup> September	<b>Last Session:</b>	14 <sup>th</sup> December

Miss Walsh will be introducing pupils to a range of board games and teaching them about the rules and understanding needed to play them.

## N - Story Yoga

<b>Day:</b>	Thursday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	14 <sup>th</sup> September	<b>Last Session:</b>	14 <sup>th</sup> December

Mrs Hele is bringing a new club to the Lower Prep with a combination of stories and yoga.

## O - French Sing Along

<b>Day:</b>	Thursday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	14 <sup>th</sup> September	<b>Last Session:</b>	14 <sup>th</sup> December

Mrs Freedman's French club but with a slight twist of learning French words and phrases through song.

## Q - Fencing

<b>Day:</b>	Thursday lunchtime	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	£120.00
<b>First Session:</b>	14 <sup>th</sup> September	<b>Last Session:</b>	14 <sup>th</sup> December

This club is being run by Paul Davis, a Grade 3 British Academy of Fencing Coach and a member of the British Fencing Association.

## S - Modern Foreign Languages

<b>Day:</b>	Friday	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	20	<b>Cost:</b>	N/A
<b>First Session:</b>	15 <sup>th</sup> September	<b>Last Session:</b>	8 <sup>th</sup> December
Mr Noone will be having fun using a mix of foreign languages which include French, Spanish and Mandarin.			

## Choir

<b>Day:</b>	Lunchtime	<b>Year Groups:</b>	Rec, 1 & 2
<b>No. of Places:</b>	Unlimited	<b>Cost:</b>	N/A
Pupils do not need to sign up for this club and will be given the chance to attend week to week.			